

Sports and Recreation Activities for children with disabilities and special needs

The Miracle League of Long Island

The Miracle League of Long Island's mission is to establish and sustain baseball programs for people (of all ages) with disabilities. Our objective is to provide an opportunity for those individuals to experience the joy and benefits that come from playing our national pastime. Our aims are to help the league's players develop social skills and increase self-esteem, while promoting community support and sponsorship for the league. We believe everyone deserves the chance to play baseball!

www.mlongisland.com

mllongisland@gmail.com

631.278.6385

Sachem Challenger Softball League

Looking for co-ed athletes ages 5-adult for skill training, softball games, tournaments, fun and excitement. All skill levels welcome. April-July/Sept-Oct. Practice every Saturday 2:00-4:00pm Holbrook Country Club Ballparks.

Roger Smith 347-446-6168

sacchallnegerb@optonline.net

TOPSoccer

The TOPSoccer program is for those children with mental and/or physical handicapping conditions. This program was initiated to accommodate those children who are not able to participate in a mainstream soccer activity

Long Island Junior Soccer League

701-9 Koehler Avenue

Ronkonkoma, NY 11779

631-648-9020

AnnMarie Toth

Special Childrens Program

<http://www.lijsoccer.com/Programs/TopSoccer.html>

Kyle Sports for Special Needs

Our Special Needs Sports Program will promote interaction with team players in an inclusion sport and social environment.

Mastic Sports Club-Kyle Sports For Special Needs Program

PO BOX 225

MASTIC, NY 11950

Debbie Metz -Commissioner of Special Needs

Cell 631-767-4354

djmetz@optonline.net

www.leaguelineup.com/welcome.asp?url=mscspecialneeds

Suffolk PAL Police Athletic League

PO Box 26

Yaphank, NY 11980

631-852-6107

suffolkpal@yahoo.com

<http://www.suffolkpal.com/index2.php>

Long Island Traditional Tae Kwon Do

It is our goal to give your child a POSITIVE EXPERIENCE while building self-esteem, confidence & focus through the MARTIAL ARTS. We also strive to improve your child's individual needs.

232-6 Belle Mead Road

East Setauket, NY 11733

631-630-6575

info@litraditionaltaekwondo.com

http://www.litraditionaltaekwondo.com/Children_With_Special_Needs.html

Share the Voice

Therapeutic recreation and a healthy lifestyle are key components in every child's life. It is this organization's desire to provide adaptive tricycles to special needs children. Through this rite of passage it is our goal to enhance the lives of families who would not otherwise be able to obtain this equipment through other means.

PO Box 5436

West Babylon, NY 11707

info@sharethevoice.org

<http://www.sharethevoice.org/>

Tel: 516-603-2232

Shine – Special Horses Instructing Noble Equestrians

Our goal is to foster a relationship between individuals with Special Needs and Horses. This will be facilitated through activities involving horses in a safe and nurturing environment. Our objectives include improving the participants self-confidence, physical abilities, coordination, balance and to increase vocalization.

PO Box 357

Old Bethpage, NY 11804

Program Location - Old Bethpage Equestrian Center 499 Winding Rd

<http://www.myshineprogram.com/>

info@myshineporgram.com

Barbara Kruger - 516-551-1491 - barbara@myshineprogram.com

Horseability

HorseAbility Therapeutic Riding Program, Hippotherapy Program, and Summer Day Camp offers a wide range of horse-related programs to children, adults, and families with special needs to promote the physical, psychological, emotional, social, and spiritual well-being of its participants.

HorseAbility at SUNY Old Westbury

PO Box 410-1

Old Westbury, NY 11568

phone: 516-333-6151

www.horseability.org

Pal-O-Mine Equestrian

Pal-O-Mine's mission is to provide a comprehensive therapeutic equine program that uses horses to facilitate growth, learning and healing. Our population includes children and adults with disabilities, those who have been abused or neglected, the military and the economically compromised.

631-348-1389

829 Old Nichols Road

Islandia, NY 11749

info@pal-o-mine.org

<http://www.pal-o-mine.org/adaptive-riding/>

Saddle Rock Ranch/Suffolk Police Athletic League (PAL)

Saddle Rock Ranch has teamed up with the Suffolk PAL to offer a small group riding program for children with disabilities. PAL also offers financial assistance for those who are in need.

41 Coram-Swezeytown Rd,

Middle Island, NY 11953

631-205-0432

<http://www.familyres.org/services/saddle-rock-ranch.html>